

Overcoming Anxiety: CBT for Children, Adolescents and Their Parents

New!

This four session, 12 CEU program will provide participants with knowledge on Cognitive Behavior Therapy (CBT) strategies for children, adolescents and their families.

Participants will learn:

- Current research in the biology of anxiety disorders
- The skills to assess anxiety disorders
- The medications used for the treatment of anxiety
- CBT techniques for treating anxiety in children and adolescents
- Techniques designed for parents to help their children at home
- Techniques designed for managing anxious children in the classroom

The faculty will provide select reading materials prior to each seminar, and will use a didactic case study and discussion format.

Selection of Students

This training program is designed for LCSW-Cs, LGSWs, psychologists, counselors, education professionals and psychiatric nurses. Applicants are asked to submit a resume.

CEU Credits

This four session program is eligible for 12 CEUs

Faculty

Lance Clawson, M.D., private practice, Cabin John, MD
Bonnie Zucker, Psy.D., psychologist, Alvord, Baker & Associates

Schedule

Classes meet Tuesdays from 6:30-9:30, September 15, October 13, November 10, and December 8 at JSSA, 6123 Montrose Road, Rockville, Maryland, 20852

Fees

Tuition: \$355 for all four sessions

Please note that JSSA's four-month, 40 CEU post-graduate Adult Assessment and Treatment program will not be offered in the Fall 2009 session. The next session will be offered in Fall 2010. JSSA's Child and Adolescent Assessment and Treatment program will be offered in Spring 2010.

Visit www.jssa.org for more information on JSSA Training Institute programs

Treating Asperger's Syndrome Across the Lifespan

New!

This five session, 15 CEU program will provide participants with knowledge to treat child, adolescent and adult clients with Asperger's using evidence-based treatment techniques.

Participants will learn:

- Current research in the area of Asperger's syndrome
- The skills to assess Asperger's
- The medications used to treat the syndrome
- Group therapy techniques
- Life skills training
- Anger management
- Individual and family therapy techniques

The faculty will provide select reading materials prior to each seminar, and will use a didactic case study and discussion format.

Selection of Students

This training program is designed for LCSW-Cs, LGSWs, psychologists, counselors, education professionals and psychiatric nurses. Applicants are asked to submit a resume.

CEU Credits

This five session program is eligible for 15 CEUs

Faculty

Kenneth Towbin, M.D., Chief, Child and Adolescent Psychiatry Branch, National Institute of Mental Health
Jamell White, LCSW-C, JSSA therapist, Director, JSSA Special Needs and Deaf Services
Kate Wissman, LCSW-C, JSSA therapist
Andrew McGahan, LCSW/LICSW, JSSA therapist, Clinical Director, Northern Virginia
Dawn Kaye, LCSW, JSSA therapist, Northern Virginia

Schedule

Classes meet Tuesdays from 6:30-9:30, September 8, September 29, October 20, November 17, December 15 at JSSA, 6123 Montrose Road, Rockville, Maryland, 20852

Fees

Tuition: \$450 for all five sessions

Family Treatment Program

This four session, 12 CEU program for mental health professionals will include sessions covering new ideas in systems family therapy; psychoeducational family therapy and cognitive-behavioral family therapy with children, adolescents, adults, seniors and their families.

Participants will learn:

- Which family therapy concepts and techniques can serve as powerful tools for assessing and working with the family context when it plays a major role in creating or maintaining serious symptoms in family members.
- The key elements of family systems, family psycho-educational and cognitive-behavioral family therapy, and how to integrate techniques from these different family models into their ongoing clinical practice.

The faculty will provide select reading materials prior to each seminar, and will use a didactic case study and discussion format.

Selection of Students

This training program is designed for LCSW-Cs, LGSWs, psychologists, counselors and psychiatric nurses. Applicants are asked to submit a resume.

CEU Credits

This four session program is eligible for 12 CEUs

Faculty

Roger Friedman, Ph.D., psychologist, private practice, adjunct faculty, University of Maryland School of Social Work
Ruth Goldfinger Golomb, M.Ed., LCPC, senior clinician, supervisor and co-director, doctoral training program at the Behavior Therapy Center of Greater Washington, Silver Spring, Maryland

Schedule

Classes meet Mondays from 6:30-9:30 p.m. September 14, October 5, November 2 and November 30 at JSSA, 6123 Montrose Road, Rockville, MD, 20852

Fees

Tuition: \$355 for all four sessions

Bimonthly CEU Trainings

JSSA is pleased to offer mental health professionals in the community access to its bimonthly in-house Category 1 staff CEU training sessions. These three hour sessions will be presented by a variety of mental health professionals expert in their fields from the Baltimore-Washington metropolitan area. Sessions will include a wide variety of topics related to children, adolescents, adults and seniors.

CEU Credits

3 CEUs per session

Schedule

Training sessions meet Tuesdays from 9 am - 12:15 p.m. at JSSA, 200 Wood Hill Road, Rockville, Maryland 20850

October 6, 2009

From Conflict to Connection: An Introduction to Gottman Method Couples Therapy

Scott Wolfe, Ph.D., Clinical Psychologist. Dr. Wolfe is a certified Gottman Method Couples Therapist practicing in Columbia, Maryland.

December 1, 2009

Object Relations Couples and Family Therapy

David E. Scharff, M.D., Co-director of the International Psychotherapy Institute, and Vice-President of the International Association for Couple and Family Psychoanalysis. Dr. Scharff is Clinical Professor of Psychiatry at the Uniformed Services University of the Health Sciences and also at Georgetown University.

Fees

Tuition: \$60/per 3-hour session. \$50/per 3-hour session for groups of 4 or more

JSSA is authorized by the Maryland Board of Social Work Examiners to sponsor Category 1 continuing education programs and by the Maryland State Board of Examiners of Psychology as a sponsor of continuing education. JSSA maintains responsibility for its program content.

The D.C. and Virginia Boards of Social Work usually recognize the Maryland Board of Social Work Examiners' approval. Please contact your state Board for verification.

For more information about a JSSA Training Institute course or training please contact Susan Loughman, LCSW-C, JSSA Training Director at 301-816-2617 or traininginstitute@jssa.org

FALL 2009 SYMPOSIUM

Helping Kids, Teens and Adults Live Well with ADHD:

Practical Solutions, Integrated Treatment Approaches,
ADD-Friendly Lifestyles

Save the
Date!

Thursday, October 15 - 8:30 a.m.-4:15 p.m.
National 4H Center, Chevy Chase, MD

featuring:

Kathleen Nadeau, Ph.D., is the Director of the Chesapeake ADHD Center of Maryland. Dr. Nadeau has practiced in the Washington, D.C. area for over thirty years, specializing in the diagnosis and treatment of Attention Deficit Hyperactivity Disorder (ADHD, ADD). She is the co-founder of the National Center for Gender Issues in ADHD, a non-profit organization dedicated to public education and professional training about the needs of girls and women with ADHD. Dr. Nadeau is the author of 10 books on ADHD and is currently at work on a new book, "Raising a Daughter with ADHD" co-authored with her long-time partner, Patricia Quinn, M.D.

Patricia O. Quinn, M.D., is a developmental pediatrician in the Washington, D.C. area specializing in child development and psychopharmacology. Dr. Quinn has worked for several years in the areas of ADD (ADHD) and learning disabilities and is the co-founder and currently the director of the non-profit organization The National Center for Girls and Women with ADHD. She is the author of several books on ADD (ADHD). For the last decade, Dr. Quinn has devoted her attention professionally to the issues confronting girls and women with ADD (ADHD). Her latest book, "Attention, Girls! A Guide to Learn All About Your ADHD" was released in April, 2009.

For more information please visit
www.jssa.org

TRAINING INSTITUTE POLICIES

Tuition payment for each course is due either the week before the commencement of the course or at the first class.

In the event that an enrolled student requests a withdrawal from the course before the first session of the program, tuition will be refunded less a \$50 processing fee.

If a student enters training and withdraws or discontinues attendance in the training prior to completion of the scheduled program, the Training Institute shall refund the student a prorated amount of the remaining tuition less 10%. If seventy-five percent (75%) of the scheduled program has already been completed no refund will be made.

In order to receive full CEU credits for each course, attendance at 80% of the sessions is required.

JSSA reserves the right to cancel any course, seminar or workshop that does not reach minimum enrollment. In such cases, registrants will be notified and all fees submitted will be refunded in full.

COURSE REGISTRATION



Course: Anxiety Asperger's Family Treatment
Name: _____

(please print)

Mailing Address: _____

Phone: home: (_____) _____

office: (_____) _____

E-mail: _____

- Psychologist Psychiatrist Counselor
 Teacher Social Worker School Personnel
 Other (specify) _____



Return form with resume at least one week prior to
course commencement to:

Register Early!

JSSA Training Institute
Attn: Barbara Higdon
6123 Montrose Road
Rockville, Maryland 20852

Courses Fill
Quickly!

For more information please contact
Susan Loughman, LCSW-C: 301-816-2617 or
traininginstitute@jssa.org

JSSA, as a leading provider of quality, cutting edge mental health services and a respected learning institution, reaches out to hundreds of mental health, medical and school personnel each year through its Training Institute's continuing education programs, day-long symposia and post-graduate courses.

Jewish Social Service Agency

JSSA has locations in Maryland and Northern Virginia.
For the office nearest you, please visit www.jssa.org

Maryland: 301-838-4200

Virginia: 703-204-9100

E-mail: info@jssa.org

Website: www.jssa.org



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JSSA Training Institute Fall 2009 Program Offerings!



Jewish Social Service Agency
200 Wood Hill Road
Rockville, Maryland 20850

JSSA Training Institute

Fall 2009

Post Graduate and
Continuing Education Programs

For the best in child, family
and aging services...

Think JSSA



New! Overcoming Anxiety: CBT for
Children, Adolescents and Parents

New! Treating Asperger's Syndrome
Across the Lifespan

Family Treatment Program

Open to the Bimonthly CEU Trainings
Community!

Jewish Social Service Agency

www.jssa.org